



## Super Saturday Schedule July 19, 2025

SATURDAY		
6:00 - 7:00 am	Self-Guided stretching and yoga	Movement Rm 1/2
7:00 - 10:00 am	Super Saturday Registration	WSC 2nd Floor East Alcove
7:00 - 8:30 am	Breakfast	Kaufmann
8:30 - 10:00 am	Taekwondo Basic Kicks <i>MyTien Duong</i>	MA Movement Rm 1
	Hands Off! <i>Monica Villanueva</i>	MA Movement Rm 2
	ESD For Youth: Let's Make Learning Fun! <i>Tasha Ina Church</i>	ESD Classroom 254
	Leading Classes For Elders <i>Suzanne Pinette</i>	ESD Classroom 256
10:30 - 12:00 pm	RA Life Defense <i>Zahalea Anderson</i>	MA Movement Rm 1
	Palm Stick for Self-Defense <i>Deanna Larsen</i>	MA Movement Rm 2
	Obi Decorating <i>Tamara Machac</i>	MA Classroom 254
	ESD Model Class 3 <i>Lauren Bailey and Lindsey Falcon</i>	ESD Classroom 256
12:00 - 1:30 pm	Lunch & Raffle Draw Youth Affinity Lunch ESD Affinity Lunch	Kaufmann West Lunch Room Upper Level

SATURDAY		
1:30 - 3:00 pm	Bo Basics <i>Amy Jones</i>	MA Movement Rm 1
	Obstacle Course <i>Tamara Machac</i>	MA Movement Rm 2
	Call The Soul Back: Healing Teams and Leadership Through the Spiral Path <i>Sahnya Thom</i>	HA Classroom 254
	Resisting Violence & Colonialism: ESD for Indigenous Communities <i>Shanda Poitra</i>	ESD Classroom 256
3:30 - 5:00 pm	Judo Games <i>Connie Halporn</i>	MA Movement Rm 1
	Let's Stay Together: Locks and Flowing Techniques <i>Darlene DeFour</i>	MA Movement Rm 2
	Self-Defense and Self-Compassion <i>Carmen Alonso</i>	HA/ ESD Classroom 254
	The Goldilocks Approach to Vetting Self-Defense Techniques <i>Natalie DeMaioribus</i>	ESD Classroom 256
4:30 - 6:30 pm	Performance rehearsal	Pfeiffer Hall
5:30 - 7:00 pm	Dinner	Kaufmann
6:00 - 7:00 pm	Bazaar Set-Up	Pfeiffer Hall
7:30 - 9:00 pm	Performance	Pfeiffer Hall
9:00 - 10:30 pm	Social/Bazaar Silent Auction Reveal	Pfeiffer Hall



- 14** Pfeiffer Hall
- 19** Wentz Science Center (WSC)
- 25** Kaufman Dining Hall
- 26** Rail Residence Hall
- 31** Patterson Residence Hall
- 37** Parking Pavilion (415 S. Brainard St.)

